

Springfield Township Senior News

9158 Winton Road, Cincinnati, Ohio 45231
 Tel: (513) 522-1154 • Fax: (513) 729-0818



April showers bring the May flowers. Let's hope those showers are rain and not snow, but after this year, I'm not betting on it!

The week of April 6th also brings us Volunteer Appreciation Week. And while our thanks to those who volunteer their time and talent for the benefit of their fellow citizens shouldn't just be limited to one week, it does highlight the need to appreciate what these individuals contribute throughout this country.

Here at STSCC, we have a variety of individuals who volunteer their time to keep our center humming along. These volunteers manage the front desk, greet our visitors and answer the phone. They oversee the activities in the woodshop, teach an art class, work the gift shop and organize the golf league. They are found setting up for card games, serving on the Board to raise funds or decorating the center for the holidays. They also place books in the library that need to be returned to the shelves or tidy up a space that may desperately need it. Many times, they jump in and complete the task while nobody else is watching.

STSCC will be honoring our volunteers during the month of May – more to come on that for next month. But in the meantime, to everyone who lends all those hands to help make this place run, you have my undying gratitude. I couldn't do what I do without all your help! If you are interested in lending a hand, please let us know – it doesn't take a lot of time and it can be great fun!

All the best!

Thom

DIRECTOR'S

CORNER

2014 MEMBERSHIP DUES

Do I still need to renew my membership for 2014? Good question – the answer is hopefully on the front of this newsletter!

Check your name in the mailing address – if all has gone well, your membership status will be listed below your name – “Renewal for 2014 Needed”, “Member through 2014” or “Lifetime Member” should be listed. If you have and questions about your membership status, please see Thom.

Rates for 2014 are still \$20 for Springfield Township residents and \$25 for non-residents. Payment by check is preferred, made payable to **Springfield Township**. Please make sure you include your membership renewal form with your payment. For those who have not filled out the long form in the last two years, please stop by the front desk so that we can get a full update on your information.

We continue to offer a Lifetime Membership rate. This is a one-time payment; for individuals ages 55 through 74, the resident rate is \$150 and the non-resident rate is \$200. For individuals 75 and better, the Lifetime Membership rate is \$100 for residents and \$150 for non-residents. New and renewing members have the option to select the annual membership or the one-time payment for the Lifetime Membership. If you have any questions, see Thom.

CENTER HOURS

The operating schedule for the Senior Center continues to be Tuesday, Wednesday & Thursday from 9:30 a.m. to 4 p.m. and Fridays from 9:30 a.m. to 1 p.m. We remain closed on Mondays. All senior center groups must complete their weekly or monthly activities and leave the premises by 4 p.m. (1 p.m. on Fridays) due to liability issues. Please help us by keeping these hours. Thank you.

E-MAIL UPDATES

If you've recently changed email address or you've just logged on, send that information my way to tschneider@springfieldtwp.org. We'll add your e-mail address to the membership roster!

Email newsletters and updates about community issues are also available through the Township's E-News program. You can register for E-News on the Township's webpage at www.springfieldtwp.org, or you may contact Kim Flamm at 522-1410 or by email at kflamm@springfieldtwp.org.

Also, check out the Township's Facebook page at www.facebook.com/springfieldtwp. “Like” us to keep up on all the latest activities and keep in touch with your community!

LUNCH AND LEARN

Join us on **Tuesday, April 15th, beginning at 10:30 a.m.** for our next lunch and learn. Our speaker will be Melissa Castleman from the Cincinnati Historical Society who will speak on “The Early Days of Cincinnati Along the Ohio,” focusing on the impact that the steamboat has had on the development of this area.

Lunch will be soup from Bruegger's Bagels along with sandwiches and fruit from Humbert's meats. Cost for lunch is \$7.00. If there is not a volunteer at the desk, place your payment in a Senior Inc. envelope with your name and phone number, then drop it in the deposit box in the gift shop.

Just as a reminder, if you celebrated or will celebrate your birthday in April and are coming to the lunch, make sure you check the “birthday box” on the registration sheet.

FREE TAX PREPARATION

AARP volunteers will be onsite to offer free tax preparation help on **Thursday, April 3rd, from 9:00 a.m. to 1:00 p.m.** – location to be determined. If you have an appointment, don't miss it – this will be the last day these volunteers will be here this season.

HOMESTEAD EXEMPTION MEETING

Hamilton County Auditor Dusty Rhodes will be at the Center on **Wednesday, April 16th at 7:00 p.m.** to discuss changes to those signing up for the Homestead Exemption. If you are currently enrolled in the program, you should experience no change. Starting this year, for anyone not yet 65 or who qualifies as disabled, the Homestead Exemption will be means tested, meaning if you have an income higher than a level determined by the State, you will be ineligible for the exemption. If you turned 65 by January first of this year and have not yet signed up for the Homestead Exemption, you will have until May 31, 2014 to sign-up under the old guidelines. Auditor Rhodes will have applications available that evening. If you plan to attend, please sign-up at the front desk.

ELECTION DAY

The last day to register for the May 6th election is April 7th; absentee voting begins April 1st. You can request a registration form or an absentee ballot by contacting the Hamilton County Board of Elections at 632-7000 or through their website: www.votehamiltoncounty.org

Among the issues on the Springfield Township ballot will be Issue 13, to allow the creation of a Joint Economic Development Zone (JEDZ). If the JEDZ is defeated on May 6th, budget cuts in the Township may include a reduction in snow removal, road repair, nuisance property enforcement as well as the closing of the Senior and Community Arts Center and several parks. You can get the facts on Issue 13 at www.springfieldtwp.org

JEWELRY MAKING

Abbey Nichols from Comfort Keepers will be back for another class for jewelry making on **Tuesday, April 22nd at 10:00 a.m.** with a free jewelry making class. Come and put a little bling in your spring! Sign up at the front desk.

MEDICARE UPDATES

Join Bob Knueven from United Health Care for an update on the ever changing landscape of the Medicare program on **Tuesday, April 22nd at 10:00 a.m.**

NEW PROGRAMS

We have received two suggestions for new activities here at the Center – corn hole and clog dancing. Two sheets are available at the front desk to gauge interest in either of these activities. Based on the current calendar, we would be looking most likely at either Tuesdays or Wednesdays. If we receive enough response to either or both, we will get the ball rolling.

As always, if you have an idea for a new program or activity, let us know!

AN-TRIP-ATATION

The bus is waiting for you! Check these out:

Friday, May 23rd – Cincinnati Reds vs. St. Louis. Cost is \$36 and includes your transportation, tickets in the same field box as last year and even some goodies on the trip. Last day to sign-up and pay is April 3rd. Only 8 seats left as of this writing – **DON'T WAIT!**

Sunday - Tuesday, June 1st, 2nd & 3rd – Buckhorn Lake State Park. A “blast from the past” so to speak, as we head back south into the Commonwealth of Kentucky for this three day, two night trip. Cost will be \$240 for members based on double occupancy or \$270 for single occupancy – prices have been adjusted since the prior announcement due to a new Kentucky hospitality tax. Price includes transportation, lodging, meals and activities – this unbelievable price is still the bargain of the century! 24 participants is the magic number and deadline to register and pay is April 29th.

Thursday, August 28th – Belterra Park (formerly River Down). Details to follow in upcoming newsletters.

Thursday, October 16th – Festival of Riverboats. Similar to Cincinnati's Tall Stacks, this riverboat celebration is in Louisville, Kentucky. You will have the chance to explore the shore display, along with a riverboat cruise and lunch on the Spirit of Peoria. Tickets are already being sold and there are limited spaces available – **DON'T WAIT!** Bus leaves at 7:00 a.m. and returns at 8:00 p.m. Cost is \$120 and includes transportation, riverboat cruise, lunch and driver's tip. **Reservations and payment is due by April 8th!**

Due to the popularity of recent trips, you must be a member of the Springfield Township Senior Center to sign up. We will open any remaining slots open to non-members as outlined in the travel sign-up book at the front desk.

HAND, KNEE AND FOOT

Players for Hand, Knee and Foot, a form of Canasta, meet on **Wednesdays at 10:00 a.m.** Don't know how to play? No problem, it's easy to learn. Just come on in and they'll teach you.

EXERCISE PROGRAM

Join Ellen and her exercise class on **Thursdays at 11:00 a.m.** There is a \$2 per person, per class charge to cover the cost of Ellen's services.

CHAIR YOGA

Would you like to do yoga but can't get down on a mat? Then Chair Yoga is for you!

Yoga empowers the mind and strengthens the body as you move through a series of meaningful poses. Sitting in a chair, certified yoga teacher, April Aloisio, leads her class every week, designed to help reverse the age process and encourage good health. Breathing and warm-ups begin to circulate oxygen by expanding the lungs, loosening the spine, opening the hips and improving cellular function throughout the body, bringing more nutrients to our blood, organs, muscles and bones. Stretching and breathing into yoga postures enhances our flexibility and circulatory system, improving brain activity and allowing us to become more focused and grounded. Yoga flows warm the entire body and give us more energy. Using weights builds upper body strength and improves coordination. Balancing postures will help you feel more secure, independent and centered. And finally, relaxation and meditation help to release all of the “busyness” in the mind by just “being and letting go”. The feeling of community and choices of yoga poses reassures everyone that we can ALL do chair yoga. Just listen to your body & come to a Chair Yoga class!

Join instructor April Aloisio for Chair Yoga on **Fridays at 11:00 a.m.** There is a \$5 per person, per class charge. If you haven't experienced it before, give chair yoga a try!

CHAIR VOLLEYBALL

Join us each **Thursday at 12:30 p.m.** for fun, exercise and a good time. The chair volleyball group invites and encourages you to join them any Thursday on the court. They are always in search of new members to bring their spikes and volleys and join in on the fun - see you there!

FIVE HUNDRED – Thursdays at 12:30 p.m.

February 27th	Wanda Seither	4580
March 6th	Dorothy Gannon	3630
March 13th	Wanda Seither	4040
March 20th	Wanda Seither	6110

The Five Hundred group is always looking for new players. If you have questions about the game, please call Dot Ventura at 729-1813.

CHICAGO BRIDGE – Tuesdays at 12:30 p.m.

February 25th	Gerry Melzer	5060
March 4th	Gerry Melzer	4830
March 18th	Gerry Melzer	3300

WEDNESDAY SOCIAL BRIDGE

Wednesdays at 12:30 p.m.

February 26th	Carol & Lou Lauber	4550
March 12th	Gerry Melzer/Nina Clybourn	4830

Bring your favorite partner. Cookies, coffee and tea provided.

MARATHON BRIDGE

The high scorers in the March 5th game were John & Marge Billingsley with 4,820 points. Looking towards next season, Nancy and Carleen will be retiring as Marathon Bridge coordinators at the end of May. They have provided many years of service for this activity and we thank them for all they have done! But it is time to hand it off to someone else. To find out more about how you can get involved, contact Nancy Stauffer at 931-2632 or Carleen Esslinger at 931-2849.

DUPLICATE BRIDGE

The winners of the March session were: North/South pairs Glenn Varney and Clyde Stauffer with 58% and East/West pair was John and Marge Billingsley, also with 58%. Our next match will take place on April 16th.

MEN'S POKER

The Men's Poker group meets on **Tuesdays** in the Lounge, beginning at **noon**. Membership has been perking up in recent months and they would like to see you there, too!

LADIES' POKER

Not to be outdone by the guys, the Ladies' Poker group meets on **Thursdays** in the Lounge, beginning at **noon**.

EUCHRE

Join the fun on **Tuesdays, beginning at 1:00 p.m.** Regular play occurs the first and third Tuesdays, while the second, fourth and fifth Tuesdays are primarily for practice. Come check things out!

DOMINOES

The Dominoes Club meets every **Thursday at 1:00 p.m.** All are welcome. They have a group that comes in regularly and they are always looking for it to grow!

BLOOD PRESSURE READINGS

Join Rita and Gert on **Wednesday, April 30th from 10:00 a.m. to 12:00 p.m.** to get your blood pressure reading. Those who participate will receive a piece of fruit provided by O'Quinn Insurance Services.

BOOK CLUB

Our book for April is *A Star for Mrs. Blake* by April Smith. Five Gold Star mothers travel to the Meuse-Argonne American cemetery to say final goodbyes to their sons. Although initially, strangers, they come together along the way to face the unexpected – a death, scandal and a secret revealed. Come and discuss the book at our meeting on **Friday, April 25th at 11:00 a.m.**

STAINED GLASS

Stained glass meets informally each **Wednesday at 10:00 a.m.** Add a little color to your life, and windows, through stained glass. Brighten up your winter with some bright stained glass pieces!

ART CLASSES

Art classes are held each **Tuesday at 12:30 p.m.** Bring your pad, paints and pencils and join Jo Hogan, Jan Goldschmidt and the rest of the class and find your creative side.

WOODCARVERS

The woodcarving group meets every **Wednesday from 10 a.m. to noon**. Just another way to carve out your niche here at STSC!

"PG" MOVIE DAY

Our PG movie will be shown on **Tuesday, April 8th at 1:00 p.m.** This month's feature will be *Captain Phillips*, a multi-layered examination of the 2009 hijacking of the U.S. container ship Maresk Alabama, focusing on the relationship between the Alabama's commanding officer and the Somali pirate captain. Starring Tom Hanks and Oscar nominated Barkhad Abdi. Rated PG-13, 2 hr. 14 min. Cost is \$1.00 for movie and popcorn.

"PG" MOVIE DAY, PART DEAUX

Our "R" movie will be shown on **Tuesday, April 22nd at 1:00 p.m.** This month's feature will be *WADJDA*. Shot entirely in Saudi Arabia, it is the story of a young girl living in a suburb of Riyadh determined to raise enough money to buy a bike in a society that sees bicycles as dangerous to a girl's virtue. Rated PG, 1 hr. 38 min. Cost is \$1.00 for movie and popcorn.

RED HATS

On **Wednesday, April 23rd**, the Red Hats will meet at 11:30 a.m. at Fricker's, 1580 Goodman Ave., North College Hill. From there, we will walk next door to the NCH Senior Center and their bus driver will take us to Krohn Conservatory. Admission to Krohn's is \$7.00. We should get back to NCH Senior Center at about 2:30 p.m. Note: There are 11 seats on the bus.

On Thursday, **May 15th**, we'll be heading back to Music Hall to hear the Mighty Wurlitzer. Featured vocalists will be Adria Caffaro and Joseph Lattanzi from the Cincinnati Opera's Young Artists. They'll bring back memories of Nelson Eddy & Jeanette McDonald, Fred Astaire, Ginger Rogers, Mickey Rooney & Judy Garland. Get ready for the ultimate sing-along, hum-along and smile-along good time. Cost is \$20. Then we'll go to the Orchid Restaurant in the Hilton Omni Netherland Plaza at 5th & Race. We'll have to car pool this trip. Please send your \$20 check **no later than April 11th** to Lois Cronier, 845 Reynard Ave., 45231. Make your check payable to Lois Cronier.

NEW MEMBERS

We welcome Shirlee Briggs, Billie & Richard Cable, Paul Kaszubski, Judy Middendorf, Sandra Phillips and Margaret Rapach who have joined the Springfield Township Senior Center family – welcome!

IN MEMORIAM

Several farewells to sadly pass along this month.

Sue Benzinger, passed away on February 27th. As a member of the Senior, Inc. Board, Sue donated many hours for the benefit of the center, including helping to organize the speakers for the membership Lunch and Learns and obtaining large print books for the library.

James Stewart, a member since 2010 and husband of Mary Stewart, passed away on March 11th.

Former member Shirley Hensley passed away on March 22nd. Shirley was a regular with the Dominoes Group and was one of the wild Red Hatters around the Center.

SENIOR INC. BOARD

With the passing of Sue Benzinger, the Board now has three positions vacant. What a great way to honor the memory of someone by serving the Center on the Board. The Senior Inc. Board works on fundraising projects, organizes the membership Lunch and Learn series and is a general advocate for senior's issues in the Township. If you have any question about what is involved on the Board, contact any member: Lois Alston-Davis, Larry Bernecker, Lilian Bullock, Claudette DeNoma, Norb Gilman, Sharon Morris, Rita Stinebuck, Mary Wagner and Ed Weber.

SUPPORT THOSE WHO SUPPORT US

This newsletter is made possible in large part by the area businesses that purchase ad space. When you are out-and-about, please consider patronizing these great supporters when making your purchases. And by all means, let them know how you found out about them!

If you know of a business that would make a good advertiser for the newsletter, please contact Lois Cronier at 522-1903.

BOX TOPS FOR EDUCATION

We continue to help area schools by collecting proof-of-purchases from Campbell's soups and those products sporting the Box Tops for Education logos. These products include many General Mills, Betty Crocker, Cottonelle and Post Cereal products. A drop-off has been set-up in the lobby to collect these proof-of-purchases. So, before you toss that can or box into the recycling bin, check and see if you can help out local schools and the environment all at the same time!

KROGER CARD FUNDRAISER

You can help the center every time you shop at your local Kroger store with their Community Rewards program.

You will need to register your Kroger Plus card number at www.krogercommunityrewards.com. You will click on "Sign In/Register" and then go to "Sign Up Today." Simply fill out the boxes with information requested. At one point, you will be asked to enter the NPO (Non-Profit Organization) number. The NPO for Senior, Inc. is **82462**. You will still earn your Kroger fuel points, but Kroger will donate a percentage of each purchase you make back to the center.

If you have any questions, or don't have internet access and would like to participate, contact Liliane Bullock at 521-4370. The funds raised help support many opportunities at the Center, including this newsletter!

ART AND WINE WEDNESDAYS

The next Art and Wine Wednesday classes will take place on **April 2nd and 16th from 6:30 pm to 9:00 p.m.** Whether you are an experienced artist or someone picking up a brush for the very first time, you will enjoy Art and Wine Wednesdays at the Springfield Township Senior & Community Arts Center. Sip our white and red wines and let your creative side flourish. Our professional artist will guide the class with easy-to-follow directions for the featured painting. At the end of the class, you will have a beautiful work of art to hang on your wall. View the monthly class projects online at www.springfieldtwp.org/adultprograms.cfm. Cost for the class is \$45 and includes all paint supplies, a 20" canvas and a glass of wine. Additional wine will be available for purchase at \$3 per glass. Minimum registration of five required for the class to occur. This program is sponsored by the Springfield Township Arts and Enrichment Council.

MEDICATION DISPOSAL

The Springfield Township Police Department invites residents to properly dispose of expired, unwanted or unused medication for destruction on **Saturday, April 26th from 10:00 a.m. to 2:00 p.m.** at Walgreens, located at the Galbraith and Winton Road intersection. This free drop-off program is coordinated with the Drug Enforcement Administration (DEA) and is part of a nationwide "take back initiative" with the focus on removing potentially dangerous controlled substances from our nation's medicine cabinets.

DINNER THEATER

The Springfield Township Arts & Enrichment Council brings you a night of laughter with OTR, one of the best Improv companies in Cincinnati on **Friday, April 25th at 6:30 p.m.** Reserve your seats now and enjoy a night to remember. Tickets are \$35 each and include dinner, non-alcoholic beverages and entertainment. A Cash bar will be available. Catering by DiStasi. Reservations must be made at least one week prior to the show and may sell out early, so book your seats today! Registration sheets are available at the front desk or online at www.springfieldtwp.org/dinner-theater. All dinner theater events are for adults, 21 and over.

COMMUNITY DAY AT THE REDS

Join your fellow residents from Springfield Township, Forest Park and Greenhills for a night at Great American Ball Park with the Cincinnati Reds on Monday, April 14th at 7:10 p.m. Discounted tickets from \$12 to \$18 and can be purchased at WesBanco at 8670 Winton Road or by calling the Township at 522-1410. Tickets sales do support the Good Catch organization. For more information, www.goodcatch-cincy.com

NEWSLETTER INFO DEADLINE

Information and announcements to be included in the April newsletter must be received by noon, **Friday, April 11th**.

OTHER SENIOR PROGRAM OPPORTUNITES

Baby Boomer/Senior Expo

Sharonville Convention Center, 11355 Chester Road, 45246, will be hosting Expo4Seniors on Thursday, April 10th from 10:00 a.m. to 2:00 p.m. For more information call 518-5523 or online at www.expo4seniors.com

Helping Seniors Simplify

Mapleknoll Manor House Restaurant, 11100 Springfield Pike, 45246, will host Bobbi Hosmer and Lynee Steel of Sweet Home Cincinnati on Thursday, April 24th at 11:00 a.m. to discuss tips on downsizing and what to do when a move is on the horizon. Lunch and a tour are provided. For reservations, call 782-2715.

Flying Pig Walk

Llanfair, 1701 Llanfair Avenue, 45224, will be hosting The Flying Pig Walk on Wednesday, April 30th. Check-in is at 1:00 p.m. Walk begins at 1:30 p.m., with music prizes and snacks at 2:30 p.m. and awards at 3:00 p.m. For reservations, call 591-4567.

SPRINGFIELD TOWNSHIP SENIOR CENTER

Month of April - 2014

Tuesday		Wednesday		Thursday		Friday	
1	9:30a WOODSHOP 12:30p CHICAGO BRIDGE 1p EUCHRE	2	9:30a WOODSHOP 10a WOOD CARVING 12:30p MARATHON BRIDGE	3	9:30a WOODSHOP 12p LADIES' POKER 1p DOMINOES	4	11a CHAIR YOGA
8	9:30a WOODSHOP 12p MEN'S POKER 12:30p CHICAGO BRIDGE 1p EUCHRE 1p MOVIE DAY - PG	9	9:30a WOODSHOP 10a WOOD CARVING 12:30 p.m. SOCIAL BRIDGE	10	9:30a WOODSHOP 12p LADIES' POKER 1p DOMINOES Keeneland Trip** - Bus Leaves at 9:15a	11	11a CHAIR YOGA
15	9:30a WOODSHOP 12p MEN'S POKER 12:30p CHICAGO BRIDGE 1p EUCHRE	16	9:30a WOODSHOP 10a WOOD CARVING 12:30p DUPLICATE BRIDGE	17	9:30a WOODSHOP 12p LADIES' POKER 1p DOMINOES	18	11a CHAIR YOGA
22	9:30a WOODSHOP 12:30p CHICAGO BRIDGE 1p EUCHRE Jewelery Making - 10:00a Medicare Update - 10:00a	23	9:30a WOODSHOP 10a WOOD CARVING 12:30 p.m. SOCIAL BRIDGE	24	9:30a WOODSHOP 12p LADIES' POKER 1p DOMINOES	25	11a CHAIR YOGA 11a BOOK CLUB
29	9:30a WOODSHOP 12:30p CHICAGO BRIDGE 1p EUCHRE	30	9:30a WOODSHOP 10a WOOD CARVING 12:30 p.m. SOCIAL BRIDGE BLOOD PRESSURES 10 a.m. to 12 p.m.	Coming up.... Election Day - May 6th Volunteer Appreciation** - May 16th Lunch and Learn** - May 20th Cincinnati Reds Trip** - May 23rd ** Requires sign-up in advance			

CENTER HOURS ARE FROM 9:30AM TO 4:00PM TUESDAY, WEDNESDAY & THURSDAY; 9:30 AM TO 1 PM FRIDAYS
CLOSED MONDAYS, SATURDAYS & SUNDAYS



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2014 MEMBERSHIP RENEWAL DUES

Springfield Township Senior and Community Center 9158 Winton Road, Cincinnati, Ohio 45231

ANNUAL DUES - \$20.00 (Residents) \$25.00 (Non-Residents)
OR

LIFETIME MEMBERSHIP: Age 55 through 74 - \$150.00 Residents \$200.00 Non-Residents
LIFETIME MEMBERSHIP: Age 75 and over - \$100.00 Residents \$150.00 Non-Residents

MAKE CHECKS PAYABLE TO: SPRINGFIELD TOWNSHIP

Name/Names _____

E-Mail Address _____ Phone # _____

Address _____ Zip _____

Resident or Non-Resident _____ Is above a new address or phone #? _____
Circle One

Is there a new emergency name or phone #? _____

I have received, understand and agree to the Springfield Township Senior by-laws. I understand and agree to absolve Springfield Township of all blame for injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored by, associated with or related to the Springfield Township Senior Community Center.

Signed _____ Date _____

Will you allow your phone number and email address to be shared with other members if asked? Y or N
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Springfield Township Senior Community Center

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Inside:

- Director's Corner
- Lunch and Learn
- Movie Day
- An-Trip-Atation
- Free Tax Preparation
- April Calendar of Events

April 2014

...see inside for details

Friday, April 25th at 6:30 p.m.

Dinner Theater - A Night of Laughter

Save the Date!

Springfield Township Senior News

