

Springfield Township Senior News

9158 Winton Road, Cincinnati, Ohio 45231
Tel: (513) 522-1154 • Fax: (513) 729-0818



It's been an unsettled time around the Center and the Township in general. We find ourselves at a crossroads, whether we continue to move forward or begin stepping backwards—the voting public... YOU have a choice to make on May 6th.

Among the issues on the Springfield Township ballot will be Issue 13, to allow the creation of a Joint Economic Development Zone (JEDZ). Passage of Issue 13 will allow the Township to continue moving forward and maintain the ability to attract new residents and improve our already strong demographics. Strong demographics give the Township the ability to attract new development and re-development opportunities.

If the JEDZ is defeated on May 6th, significant budget cuts impacting the Township's General Fund will need to be made over the next several years. The General Fund consists of many of the core and quality of life services residents enjoy and rely on, including snow removal, road repair, nuisance property enforcement, the Senior and Community Arts Center, parks, economic development and communications.

The Senior Inc. Board voted at their April 8th meeting to support Issue 13 and encouraged all residents of Springfield Township to "vote for the resolution and contract".

I encourage every member to continue educating themselves on the issues and make sure your voice is heard. Even if you are a non-resident, you have the ability to communicate information to those who live in Springfield Township.

You can get the facts on Issue 13 at www.springfieldtwp.org/jedz
All the best!
Thom

DIRECTOR'S

CORNER

2014 MEMBERSHIP DUES

After a couple of kinks, I think we have the membership status on the mailing address worked out and updated correctly.

Check the mailing address on front of the newsletter – your membership status will be listed below your name – "Renewal for 2014 Needed", "Member through 2014" or "Lifetime Member" should be listed. If you have and questions about your membership status, please see Thom.

Rates for 2014 are still \$20 for Springfield Township residents and \$25 for non-residents. Payment by check is preferred, made payable to **Springfield Township**. Please make sure you include your membership renewal form with your payment. For those who have not filled out the long form in the last two years, please stop by the front desk so that we can get a full update on your information.

We continue to offer a Lifetime Membership rate. This is a one-time payment; for individuals ages 55 through 74, the resident rate is \$150 and the non-resident rate is \$200. For individuals 75 and better, the Lifetime Membership rate is \$100 for residents and \$150 for non-residents. New and renewing members have the option to select the annual membership or the one-time payment for the Lifetime Membership. If you have any questions, see Thom.

CENTER HOURS

The operating schedule for the Senior Center continues to be Tuesday, Wednesday & Thursday from 9:30 a.m. to 4 p.m. and Fridays from 9:30 a.m. to 1 p.m. We remain closed on Mondays. All senior center groups must complete their weekly or monthly activities and leave the premises by 4 p.m. (1 p.m. on Fridays) due to liability issues. Please help us by keeping these hours. Thank you.

E-MAIL UPDATES

If you've recently changed email address or you've just logged on, send that information my way to tschneider@springfieldtwp.org. We'll add your e-mail address to the membership roster!

Email updates about community issues are also available through the Township's "Notify Me" program. Click on "Notify Me" on the Township's webpage at www.springfieldtwp.org to register for email notifications, or you may contact Kim Flamm at 522-1410 or by email at kflamm@springfieldtwp.org.

Also, check out the Township's Facebook page at www.facebook.com/springfieldtwp. "Like" us to keep up on all the latest activities and keep in touch with your community!

LUNCH AND LEARN

Join us on Tuesday, May 20th, beginning at 10:30 a.m. for our next lunch and learn. Our speaker will be Heather Friebus from Meier's Wine Cellars. She will be sharing with you the history of the local wine maker and sharing some of their non-alcoholic varieties. Non-alcoholic wine... is that what is referred to as a "buzz-kill"?!?!?

Lunch will be from Mallard Cove with a menu of beef or chicken, non-meat dish, vegetable salad, rolls and dessert. Cost for lunch is \$7.00. If there is not a volunteer at the desk, place your payment in a Senior Inc. envelope with your name and phone number, then drop it in the deposit box in the gift shop.

Just as a reminder, if you celebrated or will celebrate your birthday in May and are coming to the lunch, make sure you check the "birthday box" on the registration sheet.

ELECTION DAY

You can request a registration form or an absentee ballot by contacting the Hamilton County Board of Elections at 632-7000 or through their website: www.votehamiltoncounty.org

Among the issues on the Springfield Township ballot will be Issue 13, to allow the creation of a Joint Economic Development Zone (JEDZ). If the JEDZ is defeated on May 6th, budget cuts in the Township may include a reduction in snow removal, road repair, nuisance property enforcement as well as the closing of the Senior and Community Arts Center and several parks. You can get the facts on Issue 13 at www.springfieldtwp.org/jedz

BE A SAVVY SENIOR

United Family Services will be here on **Wednesday, May 7th at 2:00 p.m.** to help you become a Savvy Senior. Learn about some of the many discounts available to senior citizens, how to avoid probate, understanding nursing home costs, estate planning, and home care services. Sign up at the front desk.

JEWELRY MAKING

Abbey Nichols from Comfort Keepers will be back for another free jewelry making on class **Thursday, May 22nd at 10:00 a.m.** Come and put a little bling in your spring! Sign up at the front desk.

VOLUNTEER RECOGNITION

We will be recognizing those individuals who help make the Springfield Township move along like a perfectly oiled machine at our Volunteer Recognition event on **Friday, May 16th at 12:30 p.m.** Those who have been signing their hours in the volunteer book will be getting their invite. However, if you are one of those unsung heroes, or know someone who helps out around the center "under the radar" please pass their name along so that they may be properly recognized. We encourage other members to join us as we celebrate the volunteer accomplishments here – reservations are required.

NEW PROGRAMS

We are currently accepting sign-ups for interest in two potential new activities here at the Center – corn hole and clog dancing. Two sheets are available at the front desk to gauge interest in either of these activities. Based on the current calendar, we would be looking most likely at either Tuesdays or Wednesdays. If we receive enough response to either or both, we will get the ball rolling.

As always, if you have an idea for a new program or activity, let us know!

AN-TRIP-ATATION

The bus is waiting for you! Check these out:

Friday, May 23rd – Cincinnati Reds vs. St. Louis. Please note the departure time for this trip is 5:30 p.m.

Thursday, August 28th – Belterra Park (formerly River Down). Details to follow in upcoming newsletters.

Due to the popularity of recent trips, you must be a member of the Springfield Township Senior Center to sign up. We will open any remaining slots open to non-members as outlined in the travel sign-up book at the front desk.

HAND, KNEE AND FOOT

Players for Hand, Knee and Foot, a form of Canasta, meet on **Wednesdays at 10:00 a.m.** Don't know how to play? No problem, it's easy to learn. Just come on in and they'll teach you.

EXERCISE PROGRAM

Join Ellen and her exercise class on **Thursdays at 11:00 a.m.** There is a \$2 per person, per class charge to cover the cost of Ellen's services.

CHAIR YOGA

Would you like to do yoga but can't get down on a mat? Then Chair Yoga is for you!

Yoga empowers the mind and strengthens the body as you move through a series of meaningful poses. Sitting in a chair, certified yoga teacher, April Aloisio, leads her class every week, designed to help reverse the age process and encourage good health. Breathing and warm-ups begin to circulate oxygen by expanding the lungs, loosening the spine, opening the hips and improving cellular function throughout the body, bringing more nutrients to our blood, organs, muscles and bones. Stretching and breathing into yoga postures enhances our flexibility and circulatory system, improving brain activity and allowing us to become more focused and grounded. Yoga flows warm the entire body and give us more energy. Using weights builds upper body strength and improves coordination. Balancing postures will help you feel more secure, independent and centered. And finally, relaxation and meditation help to release all of the "busyness" in the mind by just "being and letting go". The feeling of community and choices of yoga poses reassures everyone that we can ALL do chair yoga. Just listen to your body & come to a Chair Yoga class!

Join instructor April Aloisio for Chair Yoga on **Fridays at 11:00 a.m.** There is a \$5 per person, per class charge. If you haven't experienced it before, give chair yoga a try!

CHAIR VOLLEYBALL

Join us each **Thursday at 12:30 p.m.** for fun, exercise and a good time. The chair volleyball group invites and encourages you to join them any Thursday on the court. They are always in search of new members to bring their spikes and volleys and join in on the fun - see you there!

FIVE HUNDRED – Thursdays at 12:30 p.m.

March 27th	Liz Roeckers	4790
April 3rd	Wanda Seither	5420
April 10th	Mary Ann Staudt	6470
April 17th	Rose Peery	5440

The Five Hundred group is always looking for new players. If you have questions about the game, please call Dot Ventura at 729-1813.

CHICAGO BRIDGE – Tuesdays at 12:30 p.m.

March 22nd	Sandy Jackish	5460
March 25th	Carolyn Savage	3230
April 1st	Ruth Vogt	5810

WEDNESDAY SOCIAL BRIDGE

Wednesdays at 12:30 p.m.

April 9th	Gerry Melzer/Nina Clybourn	5480
April 23rd	Harvey Hufnagel/Partners	3760

Bring your favorite partner. Cookies, coffee and tea provided.

MARATHON BRIDGE

The high scorers in the April 2nd game were Reba & Andy Saunders with 6,120 points. The last game of the season is May 7th at 11:45 a.m. with a snack lunch, and each pair is asked to bring along some finger food to share.

Looking towards next season, Nancy and Carleen will be retiring as Marathon Bridge coordinators at the end of May and it is time to hand it off to someone else or unfortunately, Marathon Bridge will be ending. To find out more about how you can get involved, contact Nancy Stauffer at 931-2632 or Carleen Esslinger at 931-2849.

DUPLICATE BRIDGE

The winners of the April session were: North/South pairs Glenn Varney and Clyde Stauffer with 61.88% and East/West pair was Anne Crawford & Andi Stewart with 63.85%, also with 58%. Our next match and final match of the season will take place on May 21st.

MEN'S POKER

The Men's Poker group meets on **Tuesdays** in the Lounge, beginning at **noon**. Membership has been perking up in recent months and they would like to see you there, too!

LADIES' POKER

Not to be outdone by the guys, the Ladies' Poker group meets on **Thursdays** in the Lounge, beginning at **noon**.

EUCHRE

Join the fun on **Tuesdays**, beginning at **1:00 p.m.** Regular play occurs the first and third Tuesdays, while the second, fourth and fifth Tuesdays are primarily for practice. Come check things out!

DOMINOES

The Dominoes Club meets every **Thursday at 1:00 p.m.** All are welcome. They have a group that comes in regularly and they are always looking for it to grow!

BLOOD PRESSURE READINGS

Join Rita and Gert on **Wednesday, May 28th from 10:00 a.m. to 12:00 p.m.** to get your blood pressure reading. Those who participate will receive a piece of fruit provided by O'Quinn Insurance Services.

BOOK CLUB

Our book for May is *The Help* by Kathryn Stockett. In pitch-perfect voices, the author creates three extraordinary women whose determination to start a movement of their own forever changes a town, and the way women – mothers, daughters, caregivers, friends – view one another. Come and discuss the book at our meeting on **Friday, May 24th at 11:00 a.m.**

STAINED GLASS

Stained glass meets informally each **Wednesday at 10:00 a.m.** Add a little color to your life, and windows, through stained glass. Brighten up your winter with some bright stained glass pieces!

ART CLASSES

Art classes are held each **Tuesday at 12:30 p.m.** Bring your pad, paints and pencils and join Jo Hogan, Jan Goldschmidt and the rest of the class and find your creative side.

WOODCARVERS

The woodcarving group meets every **Wednesday from 10 a.m. to noon.** Just another way to carve out your niche here at STSC!

“PG” MOVIE DAY

Our PG movie will be shown on **Tuesday, May 13th at 1:00 p.m.** This month's feature will be *Gravity*. This heart-pounding thriller will pull you into the infinite and unforgiving realm of deep space. A medical engineer on her first shuttle mission along with a veteran astronaut are left completely alone - tethered to nothing but each other and spiraling out into the blackness after a disaster destroys the Space Shuttle. Starring Sandra Bullock and George Clooney. Rated PG-13 - 2 hr. 4 min. Cost is \$1.00 for movie and popcorn.

“PG” MOVIE DAY, PART DEAUX

Our second “PG” movie will be shown on **Tuesday, May 27th at 1:00 p.m.** This month's feature will be *THE WAY, WAY BACK*, a funny and poignant coming-of-age story of 14-year-old boy's summer vacation with his mother, her overbearing boyfriend and his daughter. Having a rough time fitting in, the introverted boy finds an unexpected friend in the gregarious manager of the Water Wizz water park. Starring Toni Collette, Steve Carell, Zoe Levin and Sam Rockwell. PG-13 - 1 hr. 43 min. Cost is \$1.00 for movie and popcorn.

NEW MEMBERS

We welcome Marcia Ferree, Dori Holden, Ellie Miller, Joyce Riede and Fred Zegarski who have joined the Springfield Township Senior Center family – welcome!

IN MEMORIAM

We are saddened to report that Elaine Herb passed away on April 16th. Elaine, along with her husband Jack, was one of the organizers for our Euchre group. She will be missed greatly.

SENIOR INC. BOARD

The Board currently has three positions vacant and is seeking members willing to serve the Center and your community. If you have any question about what is involved on the Board, contact any member: Lois Alston-Davis, Larry Bernecker, Lilian Bullock, Claudette DeNoma, Norb Gilman, Sharon Morris, Rita Stinebuck, Mary Wagner and Ed Weber.

SUPPORT THOSE WHO SUPPORT US

This newsletter is made possible in large part by the area businesses that purchase ad space. When you are out-and-about, please consider patronizing these great supporters when making your purchases. And by all means, let them know how you found out about them!

If you know of a business that would make a good advertiser for the newsletter, please contact Lois Cronier at 522-1903.

BOX TOPS FOR EDUCATION

We continue to help area schools by collecting proof-of-purchases from Campbell's soups and those products sporting the Box Tops for Education logos. These products include many General Mills, Betty Crocker, Cottonelle and Post Cereal products. A drop-off has been set-up in the lobby to collect these proof-of-purchases. So, before you toss that can or box into the recycling bin, check and see if you can help out local schools and the environment all at the same time!

KROGER CARD FUNDRAISER

You can help the center every time you shop at your local Kroger store with their Community Rewards program.

You will need to register your Kroger Plus card number at www.krogercommunityrewards.com. You will click on “Sign In/Register” and then go to “Sign Up Today.” Simply fill out the boxes with information requested. At one point, you will be asked to enter the NPO (Non-Profit Organization) number. The NPO for Senior, Inc. is **82462**. You will still earn your Kroger fuel points, but Kroger will donate a percentage of each purchase you make back to the center.

If you have any questions, or don't have internet access and would like to participate, contact Liliane Bullock at 521-4370. The funds raised help support many opportunities at the Center, including this newsletter!

ART AND WINE WEDNESDAYS

The next Art and Wine Wednesday classes will take place on **May 7th and 21st from 6:30 pm to 9:00 p.m.** Whether you are an experienced artist or someone picking up a brush for the very first time, you will enjoy Art and Wine Wednesdays at the Springfield Township Senior & Community Arts Center. Sip our white and red wines and let your creative side flourish. Our professional artist will guide the class with easy-to-follow directions for the featured painting. At the end of the class, you will have a beautiful work of art to hang on your wall. View the monthly class projects online at www.springfieldtwp.org/adultprograms.cfm. Cost for the class is \$45 and includes all paint supplies, a 20” canvas and a glass of wine. Additional wine will be available for purchase at \$3 per glass. Minimum registration of five required for the class to occur. This program is sponsored by the Springfield Township Arts and Enrichment Council.

IMPROV CLASS

Try out an Improv class on **Wednesday, May 7th & 14th** from 6:30 p.m. to 8:30 p.m. Cost is any amount you wish to donate to the Springfield Township Arts & Enrichment Council.

Improvisation is a form of theatre in which the actors perform spontaneously. Improvisers often use audience suggestions to create a full performance containing dialogue, plot and setting. Businesses use improvisation workshops to learn how to develop, build and understand relationships. Improv can teach you how to read an audience, tell a story, use body language to best effect sustain grace under pressure, improve communication, take intelligent risks and problem solve. It's also fun! The class will be taught by Kevin Crowley, a professional actor in television, film and theater for 30 years and has acted and taught improvisation for Cincinnati Playhouse in the Park since 2006. Call Kim at 522-1410 to register.

NEWSLETTER INFO DEADLINE

Information and announcements to be included in the June newsletter must be received by noon, **Friday, May 9th.**

OTHER SENIOR PROGRAM OPPORTUNITES

Cincinnati Broadcasting – The First Fifty Years

Llanfair, 1701 Llanfair Avenue, 45224, will be hosting WMKV's Mike Martini on Tuesday, May 6th from 11:00 a.m. to 12:00 p.m. Mike will dig deep into the origins of radio and television and share with the group rare photos and fascinating stories from the days when Cincinnati was ranked behind only New York and Chicago in the “golden age of broadcasting”. For reservations, call 591-4567 or email pashbrock@llanfair.oprs.org

Spring Concert

The Cincinnati Civic Orchestra will be performing their spring concert on Sunday, May 4th, starting at 3:00 p.m. at the Norwood Masonic Temple, 2020 Hopkins Avenue.

SPRINGFIELD TOWNSHIP SENIOR CENTER

Month of May - 2014

Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>9:30a WOODSHOP 12p MEN'S POKER 12:30p CHICAGO BRIDGE 12:30p ART CLASS 1p EUCHRE</p> <p>ELECTION DAY Polls open 6:30a to 7:30p</p>	<p>7</p> <p>9:30a WOODSHOP 10a STAINED GLASS 10a WOOD CARVING 10a HAND & FOOT 12:30 p.m. MARATHON BRIDGE</p> <p>ESTATE PLANNING 2:00p</p>	<p>1</p> <p>9:30a WOODSHOP 11a EXERCISE 12p LADIES' POKER 12:30p CHAIR VOLLEYBALL 1p DOMINOES 12:30p 500 CARDS</p>	<p>2</p> <p>11a CHAIR YOGA</p>
<p>13</p> <p>9:30a WOODSHOP 10a SENIOR INC 12p MEN'S POKER 12:30p CHICAGO BRIDGE 12:30p ART CLASS 1p EUCHRE 1p MOVIE DAY - PG</p>	<p>14</p> <p>9:30a WOODSHOP 10a STAINED GLASS 10a WOOD CARVING 10a HAND & FOOT 12:30 p.m. SOCIAL BRIDGE</p>	<p>8</p> <p>9:30a WOODSHOP 11a EXERCISE 12p LADIES' POKER 12:30p CHAIR VOLLEYBALL 1p DOMINOES 12:30p 500 CARDS</p>	<p>9</p> <p>11a CHAIR YOGA</p>
<p>20</p> <p>9:30a WOODSHOP 12p MEN'S POKER 12:30p CHICAGO BRIDGE 12:30p ART CLASS 1p EUCHRE</p> <p>Lunch and Learn!* 10:30 a.m.</p>	<p>21</p> <p>9:30a WOODSHOP 10a STAINED GLASS 10a WOOD CARVING 10a HAND & FOOT 12:30p DUPLICATE BRIDGE</p>	<p>15</p> <p>9:30a WOODSHOP 11a EXERCISE 12p LADIES' POKER 12:30p CHAIR VOLLEYBALL 1p DOMINOES 12:30p 500 CARDS</p>	<p>16</p> <p>11a CHAIR YOGA</p> <p>VOLUNTEER RECOGNITION 12:30p</p>
<p>27</p> <p>9:30a WOODSHOP 12p MEN'S POKER 12:30p CHICAGO BRIDGE 12:30p ART CLASS 1p EUCHRE 1p MOVIE DAY - R</p>	<p>28</p> <p>9:30a WOODSHOP 10a STAINED GLASS 10a WOOD CARVING 10a HAND & FOOT 12:30 p.m. SOCIAL BRIDGE</p> <p>BLOOD PRESURES 10 a.m. to 12 p.m.</p>	<p>22</p> <p>9:30a WOODSHOP 11a EXERCISE 12p LADIES' POKER 12:30p CHAIR VOLLEYBALL 1p DOMINOES 12:30p 500 CARDS</p> <p>Jewelry Making - 10:00a</p>	<p>23</p> <p>11a CHAIR YOGA 11a BOOK CLUB</p> <p>Reds Trip** - Bus Leaves at 5:15p</p>
		<p>29</p>	<p>30</p>

CENTER HOURS ARE FROM 9:30AM TO 4:00PM TUESDAY, WEDNESDAY & THURSDAY; 9:30 AM TO 1 PM FRIDAYS
CLOSED MONDAYS, SATURDAYS & SUNDAYS



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2014 MEMBERSHIP RENEWAL DUES

Springfield Township Senior and Community Center 9158 Winton Road, Cincinnati, Ohio 45231

ANNUAL DUES - \$20.00 (Residents) \$25.00 (Non-Residents)
OR

LIFETIME MEMBERSHIP: Age 55 through 74 - \$150.00 Residents \$200.00 Non-Residents
LIFETIME MEMBERSHIP: Age 75 and over - \$100.00 Residents \$150.00 Non-Residents

MAKE CHECKS PAYABLE TO: SPRINGFIELD TOWNSHIP

Name/Names _____

E-Mail Address _____ Phone # _____

Address _____ Zip _____

Resident or Non-Resident _____ Is above a new address or phone #? _____
Circle One

Is there a new emergency name or phone #? _____

I have received, understand and agree to the Springfield Township Senior by-laws. I understand and agree to absolve Springfield Township of all blame for injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored by, associated with or related to the Springfield Township Senior Community Center.

Signed _____ Date _____

Will you allow your phone number and email address to be shared with other members if asked? Y or N
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Inside:

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- Movie Day
- An-Trip-Atation
- Improv Class
- May Calendar of Events

May 2014

...see inside for details

Volunteer Recognition
Friday, May 16th at 12:30 p.m.

Save the Date!

Springfield Township Senior News

