

# Springfield Township Senior News

9158 Winton Road, Cincinnati, Ohio 45231  
Tel: (513) 522-1154 • Fax: (513) 729-0818



Not long ago and far away, Santa was getting ready for his annual trip. But there were problems everywhere. Four of his elves got sick, and the trainee elves did not produce the toys as fast as the regular ones so Santa was beginning to feel the pressure of being behind schedule.

Then Mrs. Claus told Santa that her mom was coming to visit. This stressed Santa even more.

When he went to harness the reindeer, he found that three of them were about to give birth and two had jumped the fence and were out, heaven knows where. More Stress.

Then when he began to load the sleigh one of the boards cracked and the toy bag fell to the ground and scattered the toys. So frustrated, Santa went into the house for a cup of coffee and a shot of whiskey. When he went to the cupboard, he found that the gingerbread men had drunk all the liquor, leaving him with none.

In his frustration, he dropped the coffee pot and it broke into hundreds of little pieces all over the kitchen floor. He went to get the broom and found that mice had eaten the straw it was made from.

Just then the doorbell rang and Santa began cursing all the way to the door. He opened the door and there was a sweet little angel with a great big Christmas tree.

The angel said: "Where would you like to put this tree Santa?"

And that my friends, is how the little angel came to be on top of the Christmas tree.

All the best - have a safe and happy holiday season!

Thom

**CORNER**

## DIRECTOR'S

### 2016 MEMBERSHIP DUES

Renewal rates for 2016 are off and running. Renewal rates are still \$20 for Springfield Township and Wyoming residents and \$25 for non-residents. Payment by check is preferred, made payable to **Springfield Township**. Please make sure you include your membership renewal form with your payment. For those who have not filled out the long form in the last two years, please stop by the front desk so that we can get a full update on your information.

A membership would make a great holiday gift for someone you feel may benefit from being a part of the Center and its activities!

As always, you can check the mailing address on front of this newsletter – your membership status should be listed below your name. If you have any questions about your membership status, please see Thom.

We continue to offer a Lifetime Membership rate. This is a one-time payment; for individuals ages 55 through 74, the resident rate is \$150 and the non-resident rate is \$200. For individuals 75 and better, the Lifetime Membership rate is \$100 for residents and \$150 for non-residents. New and renewing members have the option to select the annual membership or the one-time payment for the Lifetime Membership. If you have any questions, see Thom.

For those joining the Center for the **first time**, we still offer our end-of-the-year special. Pay the full membership rate and you get the remainder of 2015 and all of 2016!!

### CENTER HOURS

The operating schedule for the Senior Center continues to be Tuesday, Wednesday & Thursday from 9:30 a.m. to 4 p.m. and Fridays from 9:30 a.m. to 1 p.m. We remain closed on Mondays. All senior center groups must complete their weekly or monthly activities and leave the premises by 4 p.m. (1 p.m. on Fridays) due to liability issues. Please help us by keeping these hours. Thank you.

### HOLIDAY CLOSINGS

The center will be closed for the following holidays – Tuesday December 22nd through Friday, December 25th for Christmas; and Friday; and January 1st for New Years.

### E-MAIL UPDATES

If you've recently changed email address or you've just logged on, send that information my way to [tschneider@springfieldtwp.org](mailto:tschneider@springfieldtwp.org). We'll add your e-mail address to the membership roster!

Email updates about community issues are also available through the Township's "Notify Me" program. Click on "Notify Me" on the Township's webpage at [www.springfieldtwp.org](http://www.springfieldtwp.org) to register for email notifications, or you may contact Kim Flamm at 522-1410 or by email at [kflamm@springfieldtwp.org](mailto:kflamm@springfieldtwp.org).

Also, check out the Township's Facebook page at [www.facebook.com/springfieldtwp](http://www.facebook.com/springfieldtwp). "Like" us to keep up on all the latest activities and keep in touch with your community!

### LUNCH AND LEARN

Join us on for our next Lunch and Learn on **Tuesday, December 15th, beginning at 10:30 a.m.** We will have our annual holiday party. Lunch will be from Brotherton's with turkey and all the trimmings! We will have games, fun and some musical entertainment – join us for a great afternoon!

Cost for lunch is \$7.00. If there is not a volunteer at the desk, place your payment in a Senior Inc. envelope with your name and phone number, then drop it in the deposit box in the gift shop.

If you are celebrating your birthday in December and are coming to the lunch, make sure you check the "birthday box" on the registration sheet. Those celebrating a birthday in December and staying for lunch will receive a coupon for a free lunch at either the January, February or March meetings!

### THANKING OUR CHRISTMAS ELVES

A big thank you to our elves who helped bring some holiday cheer to the Center – Jim Baumgardner, Lois Cronier, Mary Rahn, Martha Schneider, Linda & David "Get the Light Tester Again" Shumard and Mary Wagner.

### WHO'S WHO AT THE TAFT

Join us on **Tuesday, December 1st at 1:00 p.m.** for a presentation of "Who's Who at The Taft" where you can learn more about the often outrageous personalities behind many of the serene portraits on display. Register at the front desk. This free class is provided through Creative Aging and was made possible by a grant from the Honor Project!

## THE ART OF CINCINNATI

From the Speaker's Bureau of the Cincinnati Art Museum comes the presentation "The Art of Cincinnati" on **Tuesday, December 8th at 1:00 p.m.** Discover the variety of ways in which the Cincinnati landscape has been portrayed in art through a wide selection of the Art Museum's collection! Register at the front desk. This free class is provided through Creative Aging and was made possible by a grant from the Honor Project!

## CINCINNATI MEMORIES

Stop by the Center on **Wednesday, December 9th at 10:30 a.m.** for Cincinnati Memories. This will be a virtual tour of downtown Cincinnati showing old and current pictures of historic and memorable landmarks. This free class is provided through Creative Aging and was made possible by a grant from the Honor Project!

## FREE TAX PREPARATION

For that one certainty of life, AARP volunteers will be onsite again this year to offer free tax preparation help on **Thursdays, February 4th & 18th; and March 3rd, 17th & 31st.** Participants will need their current paperwork and a copy of your 2014 tax return. Appointments are required – Center members will have exclusive sign up privileges through January 15th. Beginning January 19th, we will open up remaining slots to the public. Sign up today!

## AN-TRIP-APATION

Get yourself in the holiday spirit with a trip to see Irving Berlin's White Christmas on Broadway at the Aronoff Center on **Saturday, December 5th.** You'll start your adventure off at the Taft Museum with art-inspired fare at the Terrace Café, after which you will enjoy the classic holiday movie that comes to life onstage. Cost is \$100 per person and includes transportation, lunch and the show. Check-in at 11:00 a.m. and leave at 11:15 a.m.

Those interested in a trip will contact the Sycamore Senior Center at [984-1234](tel:984-1234) – you will register and pay for your trip via credit card with the Sycamore Center. Departure times listed are for the Springfield Township Senior Center location.

## CHAIR VOLLEYBALL

Join us each **Thursday at 12:30 p.m.** for fun, exercise and a good time. The chair volleyball group invites and encourages you to join them any Thursday on the court. They are always in search of new members to bring their spikes and volleys and join in on the fun - see you there!

## CHAIR YOGA

Would you like to do yoga but can't get down on a mat? Then Chair Yoga is for you!

Yoga empowers the mind and strengthens the body as you move through a series of meaningful poses. Sitting in a chair, certified yoga teacher, April Aloisio, leads her class designed to help reverse the age process and encourage good health. Breathing and warm-ups begin to circulate oxygen by expanding the lungs, loosening the spine, opening the hips and improving cellular function throughout the body, bringing more nutrients to our blood, organs, muscles and bones. Stretching and breathing into yoga postures enhances our flexibility and circulatory system, improving brain activity and allowing us to become more focused and grounded. Yoga flows warm the entire body and give us more energy. Using weights builds upper body strength and improves coordination. Balancing postures will help you feel more secure, independent and centered. And finally, relaxation and meditation help to release all of the "busyness" in the mind by just "being and letting go". The feeling of community and choices of yoga poses reassures everyone that we can ALL do chair yoga. Just listen to your body & come to a Chair Yoga class!

Join instructor April Aloisio for Chair Yoga on **Fridays at 11:00 a.m.** There is a \$6 per person, per class charge. If you haven't experienced it before, give chair yoga a try!

## HAND, KNEE AND FOOT

Players for Hand, Knee and Foot, a form of Canasta, meet on **Wednesdays and Thursdays at 10:00 a.m.** Don't know how to play? No problem, it's easy to learn. Just come on in and they'll teach you.

## EXERCISE PROGRAM

Join Ellen and her exercise class on **Thursdays at 11:00 a.m.** Ellen has over 20 years of experience in teaching. Exercises, done to music, can enhance balance and ease of movement. Part of the class is done in the seated position but can be done entirely from the chair. There is a \$2 per person, per class charge to cover the cost of Ellen's services. Stop by and give it a try – burn off some of those extra pounds from all the extra holiday treats!

## SILVER SNEAKERS

Silver Sneakers is now accepted at the Wyoming Recreation Center. As a member of the Springfield Township Senior Center, you have the opportunity to try their "Walking and More" class on Tuesdays and Thursdays from 10:00 a.m. to 11:00 a.m. or "Balance, Strength, and Stretching" on Mondays and Wednesdays, also from 10:00 a.m. -11:00 a.m. Bring your Silver Sneakers ID number to get your membership! The Wyoming Recreation Center is located at 9940 Springfield Pike. Contact Jennifer Dennis at 679.4648 or [jdennis@wyomingohio.gov](mailto:jdennis@wyomingohio.gov).

## FIVE HUNDRED – Thursdays at 12:30 p.m.

October 29th	Kit Whiteman	3310
November 5th	Dot Ventura	5370
November 12th	Nancy Praechter	5780
November 19th	Mary Ann Stout	4040

The Five Hundred group is always looking for new players. If you have questions about the game, please call Dot Ventura at 729-1813.

## CHICAGO BRIDGE – Tuesdays at 12:30 p.m.

October 27th	Margaret Orendorph	5090
November 3rd	Bob Becker	4360
November 17th	Marie Burks	5340
November 10th	Carolyn Savage	5060

## LADIES' POKER

The Ladies' Poker group meets on **Thursdays** in the Lounge, beginning at **noon.**

## MARATHON BRIDGE

We have 10 full tables for the Bridge Marathon this year. The winning pairs for November were Glenn Varney and Clyde Stauffer. Just a reminder that all participants must be members of the Center in good standing. If you have questions about your membership, please see Thom.

We are in desperate need of substitutes. If any of you reading this newsletter play bridge but felt you could not commit to the nine-month playing schedule of the Marathon Bridge, we really could use your expertise as a substitute. Please think about becoming a substitute and then call either Kim Stewart at 297-1166 or Barbara Wentz at 382-6781. We have a terrific time.

## DUPLICATE BRIDGE

Duplicate Bridge will meet again on Wednesday, December 16th at 12:30 p.m. Any questions, contact Clyde Stauffer at 300-0227.

## EUCHRE

Join the fun on **Tuesdays**, beginning at **1:00 p.m.** Regular play occurs the first and third Tuesdays, while the second, fourth and fifth Tuesdays are primarily for practice. Come check things out!

## DOMINOES

The Dominoes Club meets every **Thursday at 1:00 p.m.** All are welcome. They have a group that comes in regularly and they are always looking for it to grow!

## BLOOD PRESSURE READINGS

We will return in January. In the meantime, keep up with checking your blood pressure, especially over the holiday season!

## BOOK CLUB

This month's selection is *The Storied Life of A.J. Fikery* by Gabrielle Zevin. It is a story of a book store owner who captures joy collecting people and books. Although he witnesses ever declining sales, a transformation occurs and the book store becomes home to a burgeoning number of book clubs. This book is filled with interesting characters and gives a very comical depiction of book clubs in general. Come and discuss the book at our meeting on **Friday, December 18th at 11:00 a.m.**

## STAINED GLASS

Stained glass meets informally each **Wednesday at 10:00 a.m.** Add a little color to your life, and windows, through stained glass. Brighten up your life with some bright stained glass pieces!

## ART CLASSES

Art classes are held each **Tuesday at 12:30 p.m.** Bring your pad, paints and pencils and join Jo Hogan, Jan Goldschmidt and the rest of the class and find your creative side.

## WOODCARVERS

The woodcarving group meets every **Wednesday from 10 a.m. to noon.** Just another way to carve out your niche here at STSC!

## MOVIE DAY

**Tuesday, December 8th at 1:00 p.m.** – Our movie will be *I'll See You in My Dreams*. A funny and heartfelt film, a widow and former songstress discovers that life can begin anew at any age. With the support of three loyal girlfriends she decides to embrace the world, embarking on an unlikely friendship with her pool maintenance man, pursuing a new love interest and reconnecting with her daughter. Starring Blythe Danner, Sam Elliott, Rhea Perlman and Mary Kay Place. Rated PG 13 - 1 hr. 35 min. Cost is \$1.00 for movie and popcorn.

## MOVIE DAY, PART DEAUX

Due to the Christmas holiday, the cinema will be closed again this month for our second feature of the month.

## RED HATS

Add some green to the traditional red and purple for the Red Hats Christmas Party on Wednesday, December 9th at 11:30 a.m. Lunch from Tag's Café Catering, entertainment by The Ivory Doghouse and fun for all. Cost is \$12.00. Please send reservation and check to Queen Mother Lois Cronier, 845 Reynard Avenue, 45231 by December 4th. See you there!

## NEW MEMBERS

We welcome the following new faces to our Senior Center family: Joyce Holder, Della Ruffin and Judith Sengewald – welcome!

## SENIOR INC. BOARD

The Board welcomes with great enthusiasm two new members – Kathy Bachman and Chris Baumgardner. Kathy is one of our regulars on the desk, cheerfully greeting all who pass through the Center doors and Chris can be found with the Hand, Knee and Foot group, but also has a wonderful artistic side. Welcome.

With hello, the Board also reluctantly announces the departure of Nancy Neiman. Although her term on the Board was short, Nancy brought new energy to the group along with new advertisers to the newsletter. The Board thanks Nancy for her time and service.

Currently, the Board still has two seats. If you have any questions about what is involved with being a member of the Board, please contact any member: Lois Alston-Davis, Kathy Bachman, Chris Baumgardner, Lois Cronier, Norb Gilman, Sharon Morris, Rita Stinebuck, Mary Wagner and Ed Weber.

## SUPPORT THOSE WHO SUPPORT US

This newsletter is made possible in large part by the area businesses that purchase ad space. When you are out-and-about, please consider patronizing these great supporters when making your purchases. And by all means, let them know how you found out about them!

If you know of a business that would make a good advertiser for the newsletter, please pass that information along to a member of the Senior Inc. Board.

## REC. CENTER MEMBERSHIPS

Members of the Springfield Township Senior Center have the opportunity to join the Wyoming Recreation Center at the Wyoming senior resident rate. The Rec Center has a number of fitness opportunities for those looking to get healthy and buff and at a significant rate discount than if you were joining as a non-resident! Applications will be available from Thom who will need to confirm your status as a member in good standing before the discount can be applied.

## BOX TOPS FOR EDUCATION

We continue to help area schools by collecting proof-of-purchases from Campbell's soups and those products sporting the Box Tops for Education logos. These products include many General Mills, Betty Crocker, Cottonelle and Post Cereal products. A drop-off has been set-up in the lobby to collect these proof-of-purchases. So, before you toss that can or box into the recycling bin, check and see if you can help out local schools and the environment all at the same time!

## NEWSLETTER INFO DEADLINE

Information and announcements to be included in the January newsletter must be received by noon, **Friday, December 11th.** If you are submitting items via email, using size 12 Times Roman font is preferable.

## HOLIDAY WINTERFEST

Enjoy an afternoon of free holiday fun at Springfield Township's Holiday Winterfest on Saturday, **December 5th from 1:00 p.m. to 4:00 p.m.** at the Grove. Performing this year will be Madcap Puppets at 1 p.m. with Santa visiting at 2 p.m. for pictures. There will also be craft opportunities for the kids and a lot of holiday fun. Presented by ArtsConnect Springfield Township.

## CINCINNATI CIVIC ORCHESTRA

The Cincinnati Civic Orchestra will perform their annual free holiday concert at the Grove Hall on **Sunday, December 6th, beginning at 3:00 p.m.** Come and enjoy a variety of your favorite holiday songs. The Orchestra appreciates freewill donations following the concert to help continue their performances throughout the tristate area. Presented by ArtsConnect Springfield Township.

## OTHER SENIOR PROGRAM OPPORTUNITES

### Open House

Mt. Healthy Christian Village, 8097 Hamilton Avenue, 45231 will be hosting Open House and Ribbon cutting on Tuesday, December 1st from 3:30 p.m. to 6:00 p.m. to dedicate their new short-term skilled nursing and rehabilitation wing, featuring private suites. Appetizers and desserts will be served! Call 513-728-6613 to pre-register for event and door-prizes!

### Cocktails & Conversation

Llanfair Retirement Community, 1701 Llanfair Avenue, 45224 will be hosting former Enquirer radio & TV critic John Kiesewetter on Thursday, December 3rd at 4:00 p.m. Don't miss out on this fun program full of amusing anecdotes and tales about George & Nick Clooney, Gary Burbank, Bob Braun, Joe Nuxhall, Marty Brennaman and more. RSVP at 591-4567 or to [kkaser@llanfair.orps.org](mailto:kkaser@llanfair.orps.org).

# SPRINGFIELD TOWNSHIP SENIOR CENTER

## Month of December - 2015

Tuesday		Wednesday		Thursday		Friday	
<b>1</b>	9:30a WOODSHOP 12:30p CHICAGO BRIDGE 1p EUCHRE  12p MEN'S POKER 12:30p ART CLASS	<b>2</b>	9:30a WOODSHOP 10a STAINED GLASS 10a WOOD CARVING 10a HAND & FOOT 12:30p MARATHON BRIDGE	<b>3</b>	9:30a WOODSHOP 12p LADIES' POKER 12:30p 500 CARDS 1p DOMINOES 11a EXERCISE 12:30p CHAIR VOLLEYBALL	<b>4</b>	11a CHAIR YOGA
<b>8</b>	<b>Who's Who at The Taft</b> 1:00 p.m.  9:30a WOODSHOP 12:30p ART CLASS 1p MOVIE DAY 1p EUCHRE 10a SENIOR INC MTG 12:30p CHICAGO BRIDGE	<b>9</b>	9:30a WOODSHOP 10a WOOD CARVING 10a HAND & FOOT <b>Cincinnati Memories</b> 10:30 a.m.  <b>Red Hats Christmas Party</b> 11:00 a.m.	<b>10</b>	9:30a WOODSHOP 12p LADIES' POKER 12:30p 500 CARDS 1p DOMINOES 11a EXERCISE 12:30p CHAIR VOLLEYBALL	<b>11</b>	11a CHAIR YOGA
<b>15</b>	9:30a WOODSHOP 12:30p CHICAGO BRIDGE 1p EUCHRE 12p MEN'S POKER 12:30p ART CLASS  <b>Lunch and Learn</b> 10:30 a.m.	<b>16</b>	9:30a WOODSHOP 10a WOOD CARVING 10a HAND & FOOT 12:30p DUPLICATE BRIDGE	<b>17</b>	9:30a WOODSHOP 12p LADIES' POKER 12:30p 500 CARDS 1p DOMINOES 11a EXERCISE 12:30p CHAIR VOLLEYBALL	<b>18</b>	11a CHAIR YOGA 11a BOOK CLUB
<b>22</b>	<b>START WRAPPING DAY</b>  center closed	<b>23</b>	<b>SHOP UNTIL IT'S DONE DAY</b>  center closed	<b>24</b>	<b>CHRISTMAS EVE</b>  center closed	<b>25</b>	<b>CHRISTMAS DAY</b>  center closed
<b>29</b>	9:30a WOODSHOP 12:30p CHICAGO BRIDGE 1p EUCHRE 12p MEN'S POKER 12:30p ART CLASS	<b>30</b>	9:30a WOODSHOP 10a WOOD CARVING 10a HAND & FOOT 10a STAINED GLASS	<b>31</b>	9:30a WOODSHOP 12p LADIES' POKER 12:30p 500 CARDS 1p DOMINOES 11a EXERCISE 12:30p CHAIR VOLLEYBALL	<b>Jan. 1</b>	<b>HAPPY NEW YEAR!</b> 2016  center closed

CENTER HOURS ARE FROM 9:30AM TO 4:00PM TUESDAY, WEDNESDAY & THURSDAY; 9:30 AM TO 1 PM FRIDAYS  
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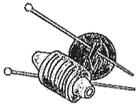
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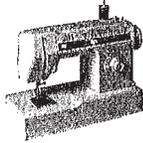
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### Senior Rates:

#### Recreation Center:

Individual Senior: \$122  
Senior Couple: \$165

#### Family Aquatic Center:

Individual Senior: \$83  
Senior Couple: \$143

#### Combo Membership: (Recreation & Pool):

Individual Senior: \$185  
Senior Couple: \$280

Springfield Township Senior Center Members qualify for Wyoming Resident Rates

#### Recreation Center Hours:

Mon-Thur: 5am-9pm  
Fri: 5am-7pm  
Sat: 7am-7pm  
Sun: 12pm-6pm

#### 2015 Family Aquatic Center Hours:

Mon-Thur: 12pm-8pm  
Fri: 12pm-9pm  
Sat-Sun: 12pm-8pm

School Days May 26-June 5: Closed Mon-Thurs  
Fri: 3:30pm-9pm  
Sat-Sun: 12pm-8pm

School Days Aug 17-Sept 7: Closed Mon-Thurs  
Fri: 3:30 p.m.-9:00 p.m.  
Sat-Sun: 12:00 p.m.-8:00 p.m.

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# Springfield Township Senior & Community Arts Center

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www.springfieldtwp.org



## Inside:

- Director's Corner
- 2016 Membership Dues
- Lunch and Learn
- An-Trip-Atation
- Silver Sneakers
- December Calendar of Events

# December 2015

*...see inside for details*

Sunday, December 6th at 3:00 p.m. at the Grove

## Cincinnati Civic Orchestra

# Save the Date!

## Springfield Township Senior News

